

CLINICAL MEDICINE UPDATE

by Mayo Clinic (USA) Faculty

30TH

31ST

MARCH,
2024

Welcomhotel, Ashram Road,
Ahmedabad

Chief Advisor



Dr. Shashank Joshi

Program Chair



Dr. Pankaj Shah



Dr. Banshi Saboo

Org. Chairman



Dr. Neel Shah



Dr. Vipul Chavda

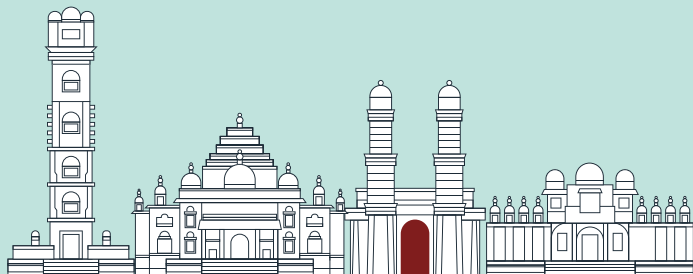


Dr. Meera Shah

Org. Secretary



Dr. Dharmendra Panchal



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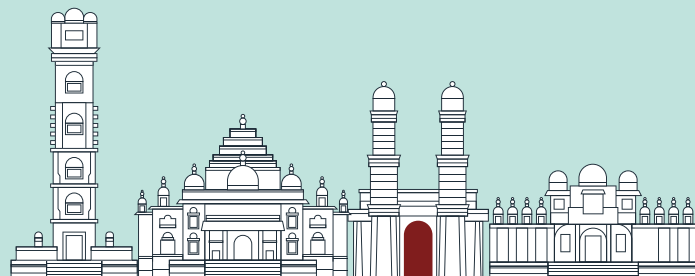
Program

Day 1 :

30th March,

2024 (Saturday)

Mahatma Gandhi Hall



Mahatma Gandhi Hall | 30th March, 2024 (Saturday)

08:00AM - 09:00AM

Registration

09:00AM - 09:30AM

Inauguration

09:30AM - 10:45AM

Session 1: Diabetes

Rapporteur:



Dr. Rutul Gokalani
(Ahmedabad)

Chairpersons:



Dr. Manoj Vithalani
(Ahmedabad)



Dr. Jitendra Patel
(Ahmedabad)

09:30AM - 09:50AM



Dr. Sagar Dugani
(USA)

Diabetes Epidemiology and
Risk Factor
Management

09:50AM - 10:10AM



Dr. Meera Shah
(USA)

Evidence Based Nutrition in
Diabetes

10:10AM - 10:30AM



Dr. Pankaj Shah
(USA)

In-Patient Management of
Hyperglycemia

10:30AM - 10:45AM

Discussion

10:45AM - 12:00PM

Session 2: Thyroid

Rapporteur:



Dr. Dharmendra Panchal
(Ahmedabad)

Chairpersons:



Dr. Shalini Pandya
(Ahmedabad)



Dr. Shrikant Somani
(Ahmedabad)

10:45AM - 11:05AM



Dr. Tiven Marwah
(Ahmedabad)

Managing Hyperthyroidism
& Follow-up: Physician's
Perspective

11:05AM - 11:25AM



Dr. Parag Shah
(Ahmedabad)

An Approach to Person with
Thyroid Nodule

11:25AM - 11:45AM



Dr. Swati Srivastava
(Jaipur)

Unusual Patterns of Thyroid
Function Test: How to
Interpret?

11:45AM - 12:00PM

Discussion

12:00PM - 01:00PM

Session 3: State-of-the-art Lectures

Rapporteur:



Dr. Tarjani Vyas
(Ahmedabad)

Chairpersons:



Dr. Vipul Chavda
(Ahmedabad)



Dr. Aashka Shah
(Ahmedabad)

12:00PM - 12:15PM



Dr. Shalini Jaggi
(New Delhi)

GDM is Mother of NCDs

12:15PM - 12:30PM



Dr. Sunil Gupta
(Nagpur)

Importance of Preventive
Cardiology

12:30PM - 12:50PM



Dr. Sameer Dani
(Ahmedabad)

Inclisaran: The First LDL-c
Lowering siRNA Therapy

12:50PM - 01:00PM

Discussion

01:00PM - 02:00PM

Lunch

02:00PM - 03:15PM

Session 4: Metabolic Medicine

Rapporteur:



Dr. Vidisha Patel
(Ahmedabad)

Chairpersons:



Dr. Vipul Chavda
(Ahmedabad)



Dr. Harshad Patel
(Ahmedabad)

02:00PM - 02:20PM



Dr. Jyotirmoy Pal
(Kolkata)

Syndromic Approach of
Tropical fever

02:20PM - 02:40PM



Dr. Sandeep Pagali
(USA)

Metabolic Challenges with
Aging

02:40PM - 03:00PM



Dr. Aleksandra Kukla
(USA)

Management of CKD: An
Internists' perspective

03:00PM - 03:15PM

Discussion

03:15PM - 04:45PM

Session 5: Common Clinical Problems

Rapporteur:



Dr. Padmanabh Zinzuwadiya
(Ahmedabad)

Chairpersons:



Dr. Dharmendra Panchal
(Ahmedabad)



Dr. Mustufa Rangwala
(Ahmedabad)

03:15PM - 03:35PM



Dr. Aleksandra Kukla
(USA)

Secondary Causes of Hypertension (Basics of investigations)

03:35PM - 03:55PM



Dr. Atul Patel
(Ahmedabad)

History Taking: A Forgotten Art in the Evaluation of FUO

03:55PM - 04:15PM



Dr. Shashank Joshi
(Mumbai)

Pituitary Dysfunction in Adults & Quality of Life

04:15PM - 04:35PM



Dr. Kamal Sharma
(Ahmedabad)

Management of Hospitalized HFREF patients with right GDMT:

04:35PM - 04:45PM

Discussion

05:00PM - 06:15PM

Session 6: Guidelines

Rapporteur:



Dr. Rikin Shah
(Ahmedabad)

Chairpersons:



Dr. G. R. Badlani
(Ahmedabad)



Dr. Urvi Parekh
(Ahmedabad)

05:00PM - 05:15PM



Dr. Anuj Maheshwari
(Lucknow)

InSH Hypertension Guidelines: Indian Challenges, Indian Solutions

05:15PM - 05:30PM



Dr. Vinaya Simha
(USA)

Lipid Guidelines

05:30PM - 05:45PM



Dr. Manish Bhatnagar
(Ahmedabad)

INASL Guidance Paper on NAFLD

05:45PM - 06:00PM



Dr. Minal Mohit
(Jaipur)

Comprehensive Guideline for Managing Type 1 Diabetes

06:00PM - 06:15PM

Discussion

06:15PM - 07:30PM

Plenary Session (22 mins Lecture + 3 mins Discussion)

Rapporteur:



Dr. Mukund Patel
(Ahmedabad)

06:15PM - 06:40PM



Dr. Manoj Chawla
(Mumbai)

Tackling the Trinity:
Optimizing Outcomes with
Oral Semaglutide

Chairpersons:



Dr. Mahadev Desai
(Ahmedabad)

06:40PM - 07:05PM



Dr. Pankaj Shah
(USA)

Hypoglycemia Cases



Dr. Asha N. Shah
(Ahmedabad)

07:05PM - 07:30PM



Dr. Umesh Sharma
(USA)

Pre-Operative Assessment
and Care

08:00PM - 10:00PM

Dinner

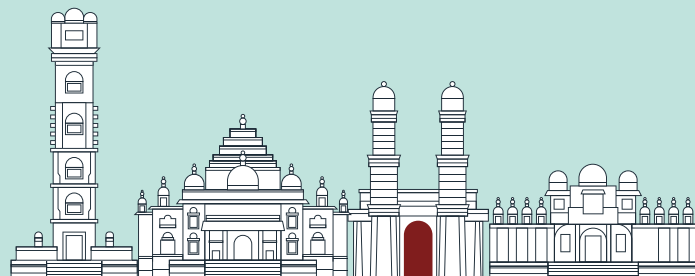
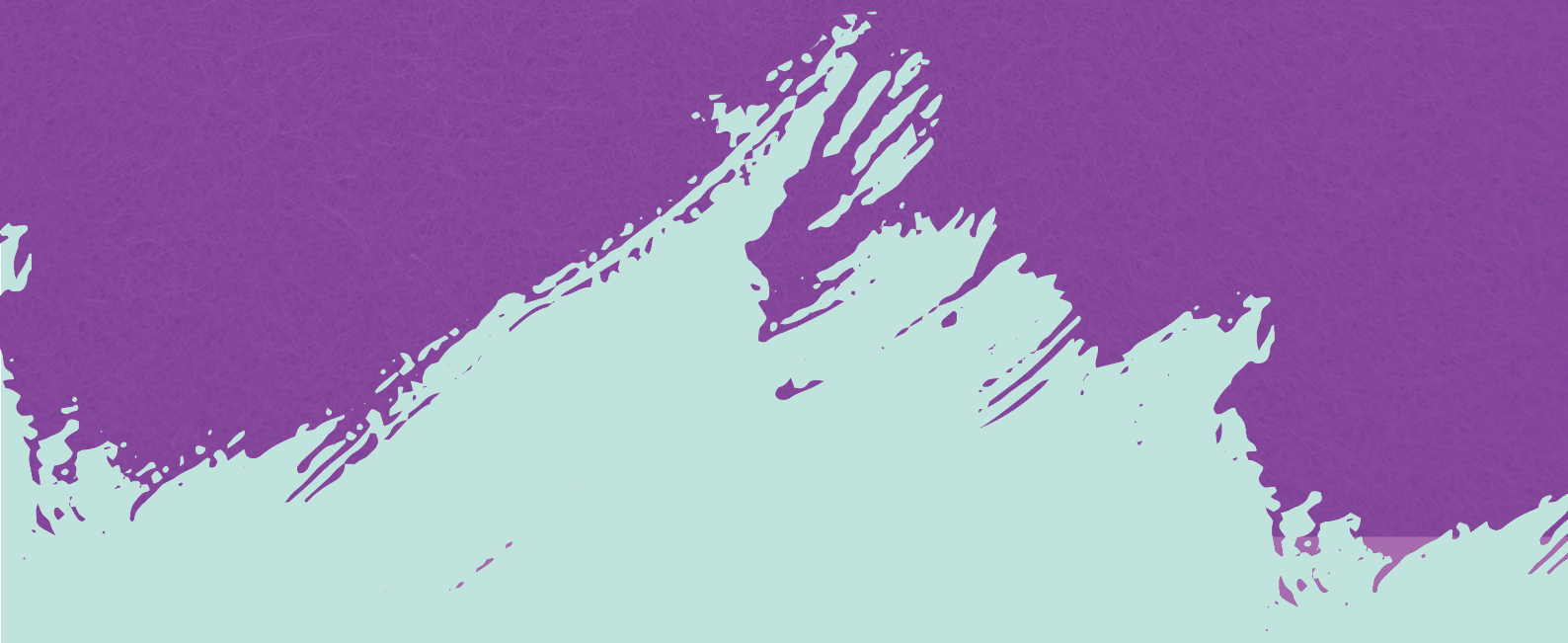
Program

Day 1 :

30th March,

2024 (Saturday)

Sardar Patel Hall



Sardar Patel Hall | 30th March, 2024 (Saturday)

08:00AM - 09:00AM

Registration

09:00AM - 09:30AM

Inauguration in Mahatma Gandhi Hall

10:00AM - 11:30AM

Nutrition Symposium

Moderators:



Ms. Smita Shah
(Ahmedabad)



Dr. Anouli Patel
(Ahmedabad)

10:00AM - 10:20AM



Dr. Ashwin Dabhi
(Ahmedabad)

Nutrigenomics and Personalized Nutrition: Shaping the Future of Dietary Interventions in Chronic Disease Management

10:20AM - 10:40AM



Dr. Banshi Saboo
(Ahmedabad)

Busting Myths around the Non-Nutritive Sweeteners (NNSs)

10:40AM - 11:00AM



Dr. Kavita Gupta
(Nagpur)

Intermittent Fasting and Ketogenic Diets: Mechanistic Insights and Clinical Applications in Disease Prevention

11:00AM - 11:20AM



Dr. Jigna Patel
(Anand)

Glycemic Control and Nutritional Interventions in Diabetic Critical Care Patients

11:20AM - 11:30AM

Discussion

11:30AM - 01:00PM

Update on Fluid and Electrolytes

11:30AM - 01:00PM



Dr. Sanjay Pandya
(Rajkot)

Approach and Management of Electrolyte Disorders

Resuscitation Fluids - Current Concepts

01:00PM - 02:00PM

Lunch

02:00PM - 03:30PM

Research Workshop

Chairpersons:



Dr. B. B. Solanki
(Ahmedabad)



Dr. Komal Shah
(Ahmedabad)

02:00PM - 02:20PM



Dr. Pankaj Shah
(USA)

Presentation Skills

02:20PM - 02:40PM



Dr. Sagar Dugani
(USA)

Retrospective Studies: Use
of Real World Evidence

02:40PM - 03:00PM



Dr. Shashank Joshi
(Mumbai)

Systemic Review &
Meta-Analysis

03:00PM - 03:20PM



Dr. Purvi Chawla
(Mumbai)

Writing Manuscript &
Applying for Grant

03:20PM - 03:30PM

Discussion

03:30PM - 04:30PM

EKG Interpretation

Chairpersons:



Dr. D. P. Khaitan
(Ahmedabad)



Dr. Dhiren Joshi
(Ahmedabad)

03:30PM - 04:30PM



Dr. Anoop Gupta
(Ahmedabad)

Interesting ECG Tracings

Sardar Patel Hall | 30th March, 2024 (Saturday)

04:30PM - 05:00PM

Tea / Coffee Break

05:00PM - 06:15PM

Workshop: Medical Education and Training

Rapporteur:



Dr. Hasmukh Shah
(Ahmedabad)

05:00PM - 05:30PM

Moderators:



Dr. Parul Bhatt
(Ahmedabad)



Dr. Chintan Vyas
(Anand)

05:30PM - 06:00PM



Dr. Neel Shah
(USA)

Competency Based Medical
Education for MD Students



Dr. Umesh Sharma
(USA)

Track to USA (Career options
for Indian Medical Graduates
in USA)

06:00PM - 06:15PM

Discussion

06:15PM - 07:30PM

Plenary Session in Hall A

08:00PM - 10:00PM

Dinner

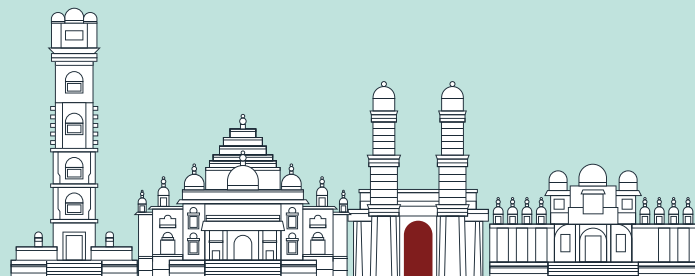
Program

Day 2 :

31st March,

2024 (Sunday)

Mahatma Gandhi Hall



Mahatma Gandhi Hall | 31st March, 2024 (Sunday)

08:30AM - 09:30AM

Registration & Breakfast

09:30AM - 10:40AM

Session 1: Geriatrics

Rapporteur:



Dr. Ajay Prajapati
(Ahmedabad)

Chairpersons:



Dr. Yogesh Gupta
(Ahmedabad)



Dr. Kamlesh Fatania
(Ahmedabad)

09:30AM - 09:45AM

09:45AM - 10:00AM

10:00AM - 10:15AM

10:15AM - 10:30AM



Dr. Vinaya Simha
(USA)

Approach to a Patient with
Hypertriglyceridemia



Dr. Sandeep Pagali
(USA)

Geriatric Medicine: An
Upcoming Specialty



Dr. Vivek Arya
(Ahmedabad)

Osteoporosis (Basics of
investigations and manage-
ment)



Dr. Rajeev Chawla
(New Delhi)

What Other things We
Should Take Care While
Managing Diabetes in
Geriatric Care?

10:30AM - 10:40AM Discussion

10:40AM - 12:00PM

State-of-the-art Lectures (18 mins Lecture + 2 mins Discussion)

Rapporteur:



Dr. Maulik Kinnariwala
(Ahmedabad)

Chairpersons:



Dr. V. N. Shah
(Ahmedabad)



Dr. Ashok Khatri
(Ahmedabad)

10:40AM - 11:00AM

11:00AM - 11:20AM

11:20AM - 11:40AM

11:40AM - 12:00PM



Dr. Paras Shah
(Ahmedabad)

An Approach to a Person
with Sexual Dysfunction



Dr. B. M. Makkar
(New Delhi)

ADA / EASD Guidelines



Dr. Agam Vora
(Mumbai)

Vaccination Guidelines



Dr. Sudhir Shah
(Ahmedabad)

Neuroscience of Meditation

12:00PM - 01:00PM

Debates

Rapporteur:



Dr. Nitesh Patel
(Ahmedabad)

Chairpersons:



Dr. Atul Parikh
(Ahmedabad)



Dr. Ketan Joshi
(Visnagar)

What Do I Start First in a Newly Diagnosed Case of Heart Failure (HFrEF) in Outpatient: ARNI or SGLT2i?

12:00PM - 12:30PM



Dr. Om Lakhani
(Ahmedabad)

SGLT2i



Dr. Jay Shah
(Ahmedabad)

ARNI



Dr. Bhupesh R. Shah
(Ahmedabad)

Expert's Review

NAFLD & DM: Which is First?

12:30PM - 01:00PM



Dr. Rucha Mehta
(Ahmedabad)

NAFLD



Dr. Sanjeev Phatak
(Ahmedabad)

DM



Dr. Navneet Shah
(Ahmedabad)

Expert's Review

01:00PM - 02:00PM

Lunch

02:00PM - 03:00PM

Meet the Experts

Rapporteur:



Dr. Kaumudi Chennamsetti
(Ahmedabad)

Chairpersons:



Dr. Nehal Sadhu
(Ahmedabad)



Dr. Pragnesh Vora
(Ahmedabad)

02:00PM - 02:15PM



Dr. S. R. Aravind
(Bengaluru)

Artificial Intelligence in
Diagnosing Diabetic
Retinopathy

02:15PM - 02:30PM



Dr. Siddharth Mavani
(Ahmedabad)

Proteinuria... Clinical
approach

02:30PM - 02:45PM



Dr. Ajit Sowani
(Ahmedabad)

An Approach to a Person
with Neuropathy

02:45PM - 03:00PM

Discussion

03:00PM - 04:00PM

Learnings from Legend

Rapporteur:



Dr. Akash Patel
(Gandhinagar)

Chairpersons:



Dr. Gyanendra H. Singh
(Ahmedabad)



Dr. Falguni Vora
(Ahmedabad)

03:00PM - 03:15PM



Dr. Jay V. Shah
(Ahmedabad)

CT coronary calcium score
when to do for patients
what's is evidence

03:15PM - 03:30PM



Dr. Piyush Desai
(Surat)

Diabetes & Kidney: Target vs
Organ

03:30PM - 03:45PM



Dr. Urman Dhruv
(Ahmedabad)

Precision Medicine: What a
Physician Should Know?

03:45PM - 04:00PM

Discussion

04:00PM - 04:30PM

Closing Ceremony followed by High Tea

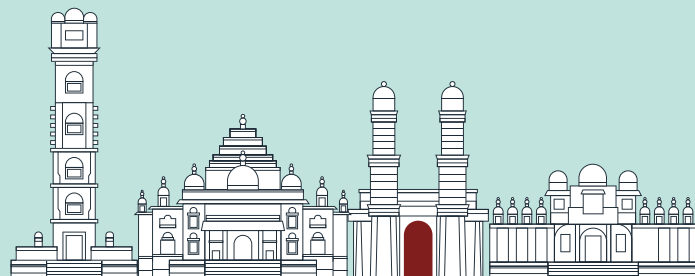
Program

Day 2 :

31st March,

2024 (Sunday)

Sardar Patel Hall



Sardar Patel Hall | 31st March, 2024 (Sunday)

08:30AM - 09:00AM

Registration

09:00AM - 10:30AM

Oral Papers (7 mins Paper Presentation + 2 mins Q & A)

Rapporteur:



Dr. Dharmendra Panchal
(Ahmedabad)

Chairpersons:



Dr. Parul Bhatt
(Ahmedabad)



Dr. Chintal Vyas
(Ahmedabad)

09:00AM - 09:09AM	Impact of Personalised Nutritional Intervention for Breast Cancer Survivor Patients on Recurrence Rate and Overall Mortality: A Prospective Study	Dr. Aastha Naik
09:09AM - 09:18AM	Avascular Necrosis of Femur (AVNF) in Patients with Sickle Cell Disease	Dr. Amalkumar Bhattacharya
09:18AM - 09:27AM	Prevalence of Thyroid Disorders in patients of type 2 Diabetes Mellitus attending Diabetic clinics in Civil hospital, Ahmedabad.	Dr. Ajay Rajput
09:27AM - 09:36AM	Study of serum Magnesium as indicator of diabetic complications in Type 2 diabetes mellitus.	Dr. Saurabh Anand
09:36AM - 09:45AM	Echocardiography and NAFLD (non-alcoholic fatty liver disease)	Dr. Gayathri Iyer
09:45AM - 09:54AM	Prevalence of geriatric syndromes at a tertiary care hospital	Dr. Komal Dabhadiya
09:54AM - 10:03AM	To study the association between glycemic gap and adverse outcomes in diabetic Patients admitted to intensive Care Unit	Dr. Krishna Shah
10:03AM - 10:12AM	The role of bacterial colonization of ventilator circuit in development of ventilator associated pneumonia in ICU	Dr. Shreyal Shah
10:12AM - 10:21AM	Isolated Dysphagia Posing a Diagnostic Challenge for An Atypical Medullary Lacunar Syndrome	Dr. Amalkumar Bhattacharya
10:21AM - 10:30AM	Effect of obesity on cardiac function by echocardiography in healthy individuals	Dr. Vinas Kalathiya

10:30AM - 12:00PM

Insulin Workshop

Moderator:



Dr. Dhruvi Hasnani
(Ahmedabad)

10:30AM - 10:45AM



Dr. Rakesh Parikh
(Jaipur)

Emerging Paradigms in
Insulin Initiation: Beyond
the Basics

10:45AM - 11:00AM



Dr. Amit Gupta
(Noida)

Insulin Intensification
Uncovered: Exploring
Advanced Therapeutic
Options

11:00AM - 11:15AM



Dr. Pratap Jethwani
(Rajkot)

Innovations in Insulin
Delivery Systems: A Deep
Dive into Smart Pens and
Pumps

11:15AM - 11:30AM



Dr. Bharat Saboo
(Indore)

Addressing Cardiovascular
Outcomes in Insulin Therapy

11:30AM - 11:45AM



Dr. Jimit Vadgama
(Surat)

Clinical impact of the
evolving insulins and the
persisting lacuna in
adoption

11:45AM - 12:00PM

Discussion

12:00PM - 01:00PM

Obesity: Case based Workshop and Questions from Audience

Moderator:



Dr. Mahendra Narwaria
(Ahmedabad)

12:00PM - 12:20PM



Dr. Meera Shah
(USA)

Introduction to Multidisciplinary Obesity Management

12:20PM - 12:35PM



Dr. Neel Shah
(USA)

Genetics of Obesity

Panelists:

12:35PM - 01:00PM



Dr. Meera Shah
(USA)



Dr. B. M. Makkar
(New Delhi)



Dr. Minal Mohit
(Jaipur)



Dr. Arya Singh
(Ahmedabad)

01:00PM - 02:00PM

Lunch

02:00PM - 04:00PM

Medicine Quiz

Chairpersons:



Dr. Parag Rana
(Vadodara)



Dr. Bhupendra Shah
(Himatnagar)

Quiz Master:



Dr. Mukesh Bhatia
(New Delhi)

04:00PM - 04:30PM

Closing Ceremony in Hall A followed by High Tea

E-Poster

Study of serum Magnesium as indicator of Diabetic complications.

Dr. Asha Khubchandani

Non-invasive predictor of Mortality of acute variceal bleeding in patients with cirrhosis -platlet albumin bilirubin Score

Dr. Komal Rana

To Evaluate The Relationship Of Risk Factor Between Diabetes Mellitus And Thyroid Dysfunction

Dr. Dhaivat Pathak

Correlation between Microalbuminuria and Retinopathy in type 2 Diabetes mellitus.

Dr. Amalkumar Bhattacharya

Predictors of DFU

Dr. Abhisekh Raha

Clinical Utility of NT-Pro BNP in Evaluating Patients with Suspected Congestive Cardiac Failure

Dr. Chetan Sonkar

Echocardiographic evaluation of heart in chronic obstructive pulmonary disease patient

Dr. Karan Parekh

Evaluation of Cardiac Function by Echocardiography in Geriatrics

Dr. Dhvani Makadia

Electrocardiographic Abnormalities in Patients With Chronic Obstructive Pulmonary Disease

Dr. Simran Soni

Burden of anemia and its underlying causes

Dr. Divya Tank

Anemia and its determinants among male and female

Dr. Kashyap Shinde

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